

Child Nutrition Services
 Harrah Public Schools
 Virginia Smith, Clara Reynolds, and Russell Babb
 LUNCH MENUS 2011-2012

Jan 21, 2012

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| Jan - 30 Nachos w/ Meat & Queso Blanco Sauce Sweet Green Peas Orange Wedges Milk | Jan - 31 Submarine Sandwich Lettuce & Pickles Diced Peaches Oatmeal Cookie Milk | Feb - 1 Tony's Pizza Garden Salad w/ Ranch Dressing Diced Pears Brownies Milk | Feb - 2 Hamburger on a Bun Lettuce/Tom/Pickles Oven Fries Strawberries & Bananas Milk | Feb - 3 Steak Fingers Mashed Potatoes Mixed Vegetables Hearty Wheat Roll Milk |
| Feb - 6 Chicken Pot Pie Mashed Potatoes Orange Wedges Choc Chip & Oatmeal Bar Milk | Feb - 7 Ham & Cheese Melt Pickle Spears Oven Fries Apple Wedges Milk | Feb - 8 Chicken Fajitas Refried Beans Diced Peaches Jello Milk | Feb - 9 Chicken Nuggets Mashed Potatoes w/ Cream Gravy Seasoned Green Beans Hearty Wheat Roll Milk | Feb - 10 Hot Dog on a Bun Steamed Broccoli w/ Cheese Sauce Warm Cinnamon Apples Wacky Cake Milk |
| Feb - 13 Baked Ham Macaroni & Cheese Seasoned Green Beans Mixed Fruit Hearty Wheat Roll Milk | Feb - 14 HAPPY VALENTINE'S DAY Salisbury Steak Mashed Potatoes w/ Brown Gravy Steamed Baby Carrots Sweetheart Cookie Milk | Feb - 15 Spaghetti/Meat Sauce Sweet Green Peas Sliced Peaches Soft Breadstick Milk | Feb - 16 Soft Taco Shred Lettuce & Tomatoes Fresh Grapes Chocolate Chip Cookies Milk | Feb - 17 Crispy Fish Nuggets Tator Tots Broccoli & Baby Carrots w/ Ranch Dressing Brownies Milk |
| Feb - 20 NO SCHOOL TODAY | Feb - 21 Chicken & Noodles Sweet Green Peas Carrots & Celery Sticks w/ Ranch Dressing Choc Chip & Oatmeal Bar Milk | Feb - 22 Frontier BBQ Sandwich Baked Beans Pineapple Chunks Vanilla Pudding Milk | Feb - 23 Turkey & Gravy Mashed Potatoes Seasoned Green Beans Hearty Wheat Roll Milk | Feb - 24 Ground Beef Stew Apple Wedges Jello Crackers Milk |
| Feb - 27 Frito Chili Pie Seasoned Green Beans Baby Carrots w/ Ranch Dressing Mixed Fruit Salad Milk | Feb - 28 Pinto Beans with Ham Tator Tots Orange Wedges Cornbread Milk | Feb - 29 Mozzarella Cheesy Bread Peas & Carrots Rosy Applesauce Rice Krispy Treat Milk | Mar - 1 Breaded Chicken Sandwich Seasoned Corn Diced Peaches Chocolate Pudding Milk | Mar - 2 Sloppy Joe on a Bun Oven Fries Fresh Grapes No Bake Cookies Milk |

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***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.